

Even Ailsa already has her story!

Zwolle, November 30, 2010.

This is the day we meet Ailsa, a sweet little girl, 14 months old. When we arrive, she helps her mother opening the door. We are allowed to enter the house. Soon it is obvious that we visit a warm family with attention to the little lady.

To put it even stronger: the little one has been the focal point of attention during the months she's been here on this earth, but many parents wouldn't envy her parents, nor the little girl. Ailsa's parents, Peter and Annemarie, contacted us because they wanted to bring their story out in the open to alert other parents. To possibly prevent sorrow to other parents.

Distress and anxiety are unpleasant words, but the word fear was very important in this family.

Ailsa was born on October 2, 2009.

Her parents are quite critical concerning what they eat and about their environment. They eat biologically, but they also include their wardrobe and their furniture in their way of life. Fairtrade is not unfamiliar to them. In other words: they are very well informed about all the influences you can better avoid.

When Ailsa was born there was a lot of commotion around the Mexican Flu. Both her parents decided to get the Mexican Flu shot.

Ailsa was just three months old.

Mid December Annemarie got the fright of her life: Ailsa got her first apnoea (a temporary cessation of breathing due to any cause). She lay in her pram, turned white, had blue lips and was limp and cold. She appeared lifeless, and didn't breathe. Annemarie succeeded in bringing the little girl back. She then called the doctor but he didn't think too much of it, it wasn't worrisome.

In the hospital they thought differently about this and there she was, laying in her bed between all those seriously ill children. The intention was, that she would remain in the hospital for observation. The sight of all those sick children didn't feel right, so it was decided to take Ailsa home again and to do the observation there. A 'Nanny Care' was bought. This is a mat, to be placed in the cot. The child lies on the mat. This mat senses the breathing pattern of the child and when the breathing stops, or slows down too much, an alarm sounds.

For weeks it seemed to go well, until after the first DKTP-vaccination (DKTP stands for: Diphtheria/Whooping Cough/Tetanus/Poliomyelitis-vaccine). Then the alarm went off six times a week!

Doctors considered this a coincidence. Ailsa had terrible stomach-aches and after a couple of weeks the alarm again went off several times. However, doctors in the hospital didn't think it necessary to continue the observations at home. Therefore Ailsa's concerned parents had to buy a couple of extra Nanny Care's themselves, to be used on different locations in the house. Costs: € 110,00 EACH!



Congratulations with your perfectly healthy daughter

In February 2010, the General Practitioner was visited and Ailsa's parents were congratulated with their perfectly healthy daughter. There you are! A feeling of helplessness overcame them, because of everything that happened was not right, and they were not heard.

That night Ailsa had to be taken to the hospital again. She looked like a dying child because an apnoea occurred again.

Annemarie was so upset by the events, that, this time, she was taken seriously.

They stayed in the hospital for a week and were treated well. Ailsa was 'the special case' of the ward. This means that many people were occupied with her case and various tests were performed. Her heart was observed for twenty-four hours and so were her brains. She also got a tube through her nose. And she was continuously monitored. She had a room to herself. All went seemingly well, no incidences, except for one. It was limited to a very short period of time, Ailsa had another apnoea, but at that moment, no nurse was wearing a pager, and when a nurse entered her room, she saw only the last part of a message on the monitor screen, but this was considered as too little evidence to alarm the doctor.

Home again, supported by one doctor, but not by another

Ailsa was allowed to go home again. One doctor agreed, but another one didn't. The parents' point of view was: When even in the hospital they don't react on an apnoea, we might as well be home and be extra alert, with the use of the 'Nanny Care' mats, that'll sound an alarm when Ailsa stops breathing. And that happened often! To accommodate the parents, another echo of the heart was made, but there was nothing to find. The idea of the doctors was that she would grow over it when she would be a half year.



The doctors took the information seriously, but argued that the risk of dying would be very small and were of the opinion that the monitoring mats could be disposed of. In the countries around us, Belgium, Germany and Great Britain, it is common to monitor children but in The Netherlands doctors don't care too much for this method.

However, the doctors did want to continue the vaccination program for Ailsa and suggested that she had to stay in the hospital for a twenty-four hour observation period after vaccination. Peter and Annemarie didn't support these thoughts and the infant welfare center in Zwolle backs this choice. The hospital in Zwolle is opposed against the use of the Nanny Care mat. They claim that it sounds the alarm because Ailsa moves too much while she is asleep, but this theory is not correct because the alarm goes off, *when she doesn't move or breathe anymore!*

The mats are designed to register **the absence** of moving. Ailsa's breathing continued to be irregular, and she had apnoea at regular intervals again. So once again she was taken into the hospital for a twenty-four hour stay in the hospital to be

monitored again. The conclusion was that the little one moved too much in her sleep and that this was the reason for the alarm to go off.

They went so far to suggest that Annemarie suffered from the Munchausen Syndrome. In other words: she imagines everything and in fact there's nothing wrong. This is an automatic result when investigating children with the symptoms Ailsa had and they cannot find a medical explanation. Then the mothers are viewed like that.

But, this remark is too easy!

Annemarie comes to the conclusion that the best thing to do is, to go directly to the First Aid Post in the hospital, instead of to the GP and listen to some soothing words. By the way, the umbrella term for many variations of apnoea is Alte.

They kept looking for answers

Peter and Annemarie kept looking for possible solutions to help their daughter. They heard that Omega 3-6-9, and then the vegetable one, could help well. Ailsa reacted very well on it.

All the time we are talking, Ailsa is playing so sweetly, and she makes a cheerful impression. When she's very busy, and has to deal emotionally with a lot of impressions (like Santa Claus, etc.), or physically (when four molar teeth broke through), she still has apnoea. She will sleep on the Nanny Care as long as it'll sound the alarm.

When her parents told the doctor in the hospital about the Omega, the reaction was, that it was somehow logical'. Why don't doctors tell this to parents, when they are aware of this positive effects?

The next step Peter and Annemarie are going to take is that the vaccinations are going to be suppressed.

Looking back at the past eleven months, a few conclusions can be drawn:

- Ailsa was three months old when her parents got the Mexican Flu Vaccine. Since her mother was breastfeeding, and the little girl had her first apnoea about fourteen days after her mother's vaccination, you might conclude that she had the adverse reaction after receiving the vaccine via the mother milk.
- After DKTP vaccination there were six cases of apnoea in one week!
- The vaccinations are not yet suppressed and the apnoea hasn't disappeared.

These are some observations in a family from which they say so easily that the mother is imagining things, making things up, when a medical solution is not directly at hand.

Peter and Annemarie, thank you for your trust to tell us your story. Ailsa, we try to tell others what has happened to you, so that other mommy's and daddy's will recognize, or think even better about vaccinating their children, or not.

We wish you well!

Anneke Bleeker
Bergen NH – The Netherlands
December 8, 2010

www.verontrustemoeders.nl

Links:

<http://en.wikipedia.org/wiki/Apnea>

http://en.wikipedia.org/wiki/M%C3%BCnchausen_syndrome